

Curriculum Vitae

Dr. S. JAYARAMAN

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ACADEMIC PROFILE:

- ❖ Doctor of Philosophy in Physical Education
Tamilnadu Physical Education and Sports University (2013).
- ❖ Diploma in Sports Coaching (Athletics)
N.S.N.I.S. Bangalore – 2004-05.
- ❖ M.Phil. (Physical Education)
Annamalai University – 2006-07.
- ❖ M.P.Ed.(Master of Physical Education)
Annamalai University – 2002-04.
- ❖ Post Graduate Diploma in Yoga
Annamalai University – 2002-03.
- ❖ B.A.(History)
Madras Christian College, Chennai – 1998-2001.
- ❖ P. G. Diploma in Sports Management
Tamil Nadu Physical Education and Sports University (2012)
- ❖ ISAK Level 1-2018
- ❖ Level II Coaching Course (World Athletics Coach) IAAF – 2023
- ❖ Level 1 Coaching Course (World Athletics Coach) IAAF – 2020
- ❖ Level 1 Coaching course (Ethiopian Athletics Federation) 2016-17.

- ❖ Awarded “A” Grade in Coach Education programme in Athletics held during April-May 2020 by Sports Authority of India.

EXAMS CLEARED:

- ❖ NET (National level Eligibility for Lectureship) - 2006
- ❖ SLET (State level Eligibility for Lectureship) – 2005

ACADEMIC ACHIEVEMENTS:

- ❖ Top Scored in Higher Secondary Examination (1998)
- ❖ Topper in Sports Psychology in Sports Coaching - NIS (2005)
- ❖ Best paper award in International Conference (2008)
- ❖ Best paper award in National Conference (2010)
- ❖ Best documentary award in International Conference (2014)
- ❖ Best paper presenter Award in International conference (2019)
- ❖ Best documentary award (2nd place) in International Conference (2019)

PROFESSIONAL APPOINTMENTS:

- ❖ Assistant Professor in Sports Authority of India, Lakshmibai National College of Physical Education, Thiruvananthapuram, Kerala, India. - July 2018 to April 27, 2023.
- ❖ High Performance Manager in National Centre of Excellence, Sports Authority of India, Thiruvananthapuram, Kerala, India for the year 2019 -2020.
- ❖ Assistant Professor in Adigrat University, Ethiopia from October 2013 - June 2018.
- ❖ Athletics Coach in Pondicherry University from April 2012- October 2013.
- ❖ Lecturer in Sports Authority of India, Lakshmibai National College of Physical Education, Thiruvananthapuram, Kerala, India from July 2009 to March 2012.

- ❖ Athletics Coach in Pooja International Techno School, Andhra Pradesh from May 2008 - September 2008.
- ❖ Athletics Coach in St. John's International School, Chennai from September 2006- March 2008.

PUBLICATION (JOURNALS)

1. **Jayaraman.S**, “Effects of different depth of aqua training on selected physical fitness variables among college men” in international journal of health sports and physical education, 2012, Vol I, pp 67-71, ISSN 22782982,
2. **Jayaraman.S**, “Comparative analysis on the performances of 1500mts and 3000 mts steeplechase between London 2012 and Rio 2016 Olympics”, International Research journal of Physical education sports and allied science, Shodh Sangam, Research confluence, 2018, pp 9-11, ISSN 2249717X.
3. **Jayaraman.S**, “Analysis on the performances of Ethiopian and Kenyan athletes in Summer Olympics”, in Entire Research, 2017, Vol 1, pp 38-42, ISSN 09755020,
4. **Jayaraman.S**, “Analysis on the performances of Ethiopian and Kenyan athletes in IAAF World Championships”, Entire Research- International Research Journal, 2017, Vol 9, pp 87-90, ISSN 09755020.
5. **Jayaraman.S**, “Athlete's profile on talent identification of Tigray region”, Review of Research, 2019, Vol 8, pp1-4, ISSN 2249894X.
6. **Jayaraman.S**, “Ethiopia in world Athletics”, International journal of yogic human movement and sports sciences, 2019, Vol 4, pp 110-113, ISSN 24564419.
7. **Jayaraman.S**, Zubairul Islam and Hasrani SS “Identification of climatically suitable Ethiopian Training sites to prepare Marathon Runners for the 2020 Olympic games”, New Studies in Athletics, 2017, Vol 3, pp 103-109, ISSN 0961933X,
8. **Jayaraman.S**, “Different depth of aqua training on selected physiological variables among college men”, Research Journal on physical education and sports- Voice of sports, 2013, Vol 7, pp 25-37, ISSN 09754687.
9. **Jayaraman.S and Siva Kumar** “Stair running on selected physical fitness variables of intercollegiate male players”, Research Journal on physical education and sports- Voice of sports, 2012, Vol 6, pp 20-27, ISSN 09754687.
10. **Jayaraman.S**, “Influence of cardiac fitness for Healthy life”, International Journal of health physical education and computer science in sports, 2011, Vol 2, pp 101-104, ISSN 22313265.
11. **Jayaraman.S**, “Effect of resistance training and par course training on selected physical fitness variables among college men”, Research Journal on physical education and sports- Voice of sports, 2011, vol 6, pp 25-38, ISSN 09754687

12. **Jayaraman.S**, “Analysis on the performances of Ethiopian and Kenyan athletes in Summer Olympics, World championship and World cross country races”, International journal of health sports and physical education, 2017, Vol 6, pp 1-7, ISSN 23196459.
13. **Jayaraman.S and Sanjay Kumar Prajapati** “Performance Analysis of Track events between London 2017 and Doha 2019 IAAF World Championships”, Parishodh Journal, 2020, Vol 9, PP 10632-37, ISSN 23476648
14. **Sanjay Kumar Prajapati and Jayaraman.S**, “Somato types of Indian Elite Rowers”, Parishodh Journal, 2020, Vol 9, pp 2819-2825, ISSN 23476648.
15. **Jayaraman.S** “Implication of GPS, Google earth and GIS on Preparation of elite Athletes, International Journal of Physiology Nutrition and Physical Education”,2019, Vol 4, pp 51-55, ISSN 24560057.
16. **Jayaraman.S**, “Analysis on the performances of Ethiopian and Kenyan Athletes in IAAF cross country races”, International journal of recent research and applied studies,2017, vol 4, pp 110-115, ISSN 23494891.
17. **Jayaraman.S** “Comparative analysis on the sprint performances of track events between London 2012 and Rio 2016 Olympics”, International journal of recent research and applied studies, 2017, Vol 4, pp 49-52, ISSN 23494891.
18. **Jayaraman.S** “General and specific strength exercises for shot putters”, International journal of recent research and applied studies, 2016, Vol 3, pp 75-90, ISSN 23494891
19. **Jayaraman.S**, “Discus familiarization for elites- A rational approach”, Entire Research, 2016, Vol 8, pp 14-19, ISSN 09755020.
20. **Jayaraman.S**, “Progression of teaching the shot - A glide”, International journal of recent research and applied studies, 2015, Vol 2, pp 11-18, ISSN 23494891.
21. **Jayaraman.S** “Progression of teaching the shot - A spin”, Star international research Journal, 2015, Vol 3, pp 85-87, ISSN 2321676X.
22. **Jayaraman.S**, “Teaching sequence of throws - The tool for success learning”, Star international research Journal, 2015, Vol 3, PP 10-15, ISSN 2321676X.
23. **Jayaraman.S**, “Progression of teaching the shot - The glide and rotation”, International Journal on health fitness and sport sciences, 2015, Vol 3, pp 1-6, ISSN 23205202
24. **Jayaraman.S** “Effect of different depth of aqua training on speed, flexibility, vital capacity and cardio respiratory endurance among college men”, International Journal of health sports and physical education, 2014, Vol 2, pp27-34, ISSN 22782982.
25. **Jayaraman.S**, “An approach towards the formation of athletics club in Adigrat University, Ethiopia”, International journal of recent research and applied studies, 2014, Vol 1, pp 5-9, ISSN 23494891.
26. **Jayaraman.S** “Short familiarization for elites”, International of recent research and applied studies, 2014, Vol 5, pp 48-61, ISSN 23494891.
27. **Jayaraman.S** “Efficacy of water up to Knee hip and shoulder level on selected physical and physiological variables among college men students”, International Journal of Physical Education sports and allied sciences, 2014, Vol 2, pp 115-117, ISSN 2249717X.

28. **Jayaraman.S**, “The comparison of growth variation on height, weight and hip measurement among physical education students”, International Journal of health physical education and computer science in sports, 2013, Vol 11, pp 85-86, ISSN 22313265.
29. **Jayaraman.S and Antony A** “Effect of resistance training and par course training on selected physiological variables among college men students”, International Journal of health physical education and computer science in sports, 2012, Vol 5, pp 86-89, ISSN 22313265.
29. **Jayaraman.S** “Bio mechanics of sprinting”, Asian Journal of physical education and computer science in sports, 2012, Vol 7, pp 14-18, ISSN 09757732.
30. **Jayaraman.S**, “Impact of joints and ligaments on hurdling events and it’s treatment”, International Journal Physical Education sports and allied sciences 2012, Vol 1, pp 11-18, ISSN 2249717X.
31. **Jayaraman.S**, “Effect of plyometrics and resistance training on speed strength and leg explosive power among college men”, International Journal of Physical Education sports and allied sciences, 2012, Vol 1, pp12-21, ISSN 2249717X.
32. Babu S and **Jayaraman.S**, “Usain Bolt vs100 nor 100 vs Usain Bolt”, International Journal of Physical Education sports and allied sciences, 2012, Vol 1, pp 136-140, ISSN 2249717X.
33. **Jayaraman.S** “Effect of Yogic practices on selected physiological variables of obese college men”, Journal of adapted physical education and yoga, 2012, Vol 2, pp 26-30, ISSN 2294821.
34. **Jayaraman.S**, “Effect of weight training and fartlek training on selected physiological variables among college men”, Asian Journal of physical education and computer science in sports, 2011, Vol 5, pp 31-33, ISSN 09757732.
35. **Jayaraman.S**, “Growth variation and leg explosive power among physical education students”, Entire Research, 2011, Vol 3, pp 6-12, ISSN 09755020.
36. **Jayaraman.S** “Technological innovation on progression of pole vault performances”, multi-disciplinary research journal, 2010, Vol 1, pp 106-109, ISSN -09769714.

Paper Presentation in National and International Conferences

1. Paper presented a topic on Varied Phases of Kinematic Variables and Long Jump Performance among Elite Long Jumpers - A Correlation Study, 21st Biennial conference of the international society for physical education and sports (2021), International (within country), 2021-12-18, Duration of presentation is 30 minutes.
2. Resource Person for a topic on Staying fit during Lockdown of Covid 19, Webinar on education, Physical education and sports by Bharathidasan University, State/University, 2020-06-01, duration of presentation is 30 minutes.
3. Resource Person for a topic on Talent Identification in Sports live Webinar on talent identification in sports by department of Advanced training and coaching, Tamilnadu Physical

Education and Sports University, Chennai. State/University, 2020-12-10, duration of presentation is 90 minutes.

4. Resource Person for a topic on Multidimensional training modalities enhancing sporting performance UGC STRIDE sponsored Five-day online training programme on Environmental sustainability and Research Ethics by Avinasilingam Institute for Home science and higher Education for women, State/University, 2021-02-16, duration of presentation is 60 minutes.

5. Resource Person for a topic on Pursuit of Identifying Talent in Sports, Inter Disciplinary International conference on Decoding Aliphatic Components of Health, Performance and well-being, International (within country) 2021-08-11, Duration of presentation is 60 minutes.

6. Resource Person for a topic on Coach in action and talent identification in sports, Sports Authority of GOA - State/University, 2021-06-12, duration of presentation is 60 minutes.

7. Resource Person for a topic on High performance in sports, International webinar on High performance sports, International (within country), 2020-03-16, duration of presentation is 60 minutes.

8. Resource Person for a topic on High Performance in sports coaching, international webinar on latest trends in sports coaching 2020organised by International Federation of physical education, Fitness, and sports science Association, Yogyakarta University, Indonesia, International (Abroad), 2020-07-19, duration of presentation is 60 minutes.

9. Resource Person for a topic on Application of Technology in sprinting, International webinar on Athletics Sprint Training organised by International Federation of physical education, Fitness, and sports science Association and Indian Federation of Computer science in sports International (within country), 2020-12-20, duration of presentation is 45 minutes.

10. Resource Person for a topic on Dimension of Speed Training Protocol, International Association of Physical education and sports in collaboration with PEFI, Nepal, International (Abroad) 2021-05-30, duration of presentation is 45 minutes,

11. Paper Presented for a topic on Talent identification of Adolescent Ethiopian Girls in Track events, international conference in sports science Management, International (within country), 2019-07-20, Duration of presentation is 10 minutes.

12. Paper Presented for a topic on Implication of GPS, Google earth and GIS on preparation of elite athletes, international seminar on advances and Engineering technology in sports National, 2019-10-12, Duration of presentation is 20 minutes.

13. Paper Presented for a topic on Talent identification of adolescence Ethiopian Boys and Girls in track events DIGI Conference sports summit, IASI DIGI Sports, International (within country), 2019-03-23, duration of presentation is 10 minutes.

14. Paper Presented for a topic on Seminar Careers of physical education and sports in wider angles National seminar at Pondicherry University, National, 2012-11-15, duration of presentation is 10 minutes.

15. Paper presented for a topic on The Strategies Challenges and Choices Of Highland Marathoners For Tokyo 2020Olympics- Based On The Climatic Conditions Of Tokyo During July 24th To Aug 9th 2020, International Congress On Renaissance In Sports at National

college, Trichy, Tamilnadu, International (within country), 2019-01-08, duration of presentation is 10 minutes.

16. Paper presented for a topic on Analysis the Performances of Ethiopia and Kenya in Summer Olympics, IAAF World Championships and IAAF World Cross Country Races, International Congress on Renaissance In Sports at National college, Trichy, Tamilnadu, International (within country), 2017-02-12, duration of presentation is 20 minutes.

17. Paper presented for a topic on Identification of Suitable Training Sites in Ethiopia for Preparing the Marathoner for Tokyo 2020 Olympics Based on The Climatic Conditions of Tokyo During July 24th to Aug 9th 2020, International Conference on Sports Science" Traditional Sports and Games Are Intangible Heritages", at Mekelle University, Ethiopia, International (Abroad) 2017-05-11, duration of presentation is 20 minutes.

18. Paper presented for a topic on Usain Bolt Vs 100 Or 100 Vs Usain Bolt, International Congress on Contemporary Enrichment in Physical Education and Sports, University of Mumbai, International (within country), 2012-01-12, duration of presentation is 10 minutes.

19. Paper Presented for a topic on Impact of Technological Improvement on Pole Vault Performance International Conference on Recent Trends in Sports Technology, VIT Vellore, International (within country), 2008-08-15, duration of presentation is 15 minutes.

20. Paper presented for a topic on An Approach towards the formation of Athletic club in Adigrat University, International Congress on Renaissance in Sports, National College, Trichy, Tamilnadu, International (within country), 2014-08-30, duration of presentation is 15 minutes.

21. Paper presented for a topic on Influence of Cardiac Fitness for Healthy Life, National Seminar on Role of Fitness enhancing The Quality Life at Pondicherry University, National 2009-04-03, duration of presentation is 10 minutes.

22. Paper Presented for a topic on Role of Sports Training on High Performance National Conference on Role of Sports Sciences and Technology in Enhancing Sports Performance, Bharathidasan University, National conference 2009-03-21, duration of presentation is 10 minutes.

23. Paper Presented for a topic on Biomechanics of Sprinting National Conference on Impact of Biomechanics on Excellence in Sports by TNPESU Chennai, National conference on 2008-10-30, duration of presentation is 10 minutes.

24. Paper Presented for a topic on Pole Vault Performance in Relation with Technological Advances National Seminar on Technological Advancement in Physical Education and Sports Sciences, Govt. College, Trivandrum, National conference on 2010-05-04, duration of presentation is 15 minutes.

25. Paper Presented for a topic on Does Performance Enhancing drugs affect fair play nor do we have a real competition National Seminar on Scientific Innovations in Sports Sciences and Technology, Selvam College of technology, National conference on 2011-03-05, Duration of presentation is 10 minutes.

26. Paper Presented for a topic on Promoting a better understanding of physical activity, fitness and health Field work programme, Pondicherry university State/University, 2013-07-24, duration of presentation is 45 minutes.
27. Paper Presented for a topic on Technological innovations in progression of Pole vault performances 14th Commonwealth International Sports Science Congress, 2010, International (within country), 2010-09-29, duration of presentation is 15 minutes.
28. Paper Presented for a topic on Preparation of Net Examination Workshop for Preparation of, Net Examination in Physical Education, University of Mumbai, National conference on 2010-11-18, Duration of presentation is 90 minutes.
29. Paper Presented for a topic on Topography and athletes' performance towards Tokyo 2020 Olympics International Workshop on yoga, physical education and sports science, Osmania University, International (within country) on 2019-10-22 duration of presentation is 45 minutes.
30. Paper Presented for a topic on Athletic Training National Workshop on Innovative Coaching and Training in Physical Education and Sports, University of Mumbai, National conference on 2013-03-23, duration of presentation is 45 minutes.
31. Paper Presented for a topic on Ethiopia in world athletics international sports science & workshop cum exhibition, University of Mumbai International (within country) on 2016-03-23, duration of presentation is 60 minutes.
32. Invited a lecture for a topic on Forecasting the Reputation of Simulation training for Ethiopian Marathoners for Tokyo2020 Olympics- Based on the Climatic Conditions Of Tokyo During July 24th To Aug 9,2020 International conference cum workshop on Emerging trends in Sports Sciences, University of Mumbai, International (within country) on 2018-03-28, duration of presentation is 60 minutes.
33. Presented a paper (Resource Person) for a topic on Perspective of technology in high performance sports in National workshop on physical Education, Health and wellness-2022 organised by International Federation of physical education, fitness and sports science Association in association with Indian Federation of Computer Science in Sports on 10th December 2022 at Begumpet, Hyderabad, duration of presentation is 45 minutes.
34. Presented a paper (Resource Person) for a topic on technological Advances in PE and Sports on 30 and 31st march 2022 organised by department of P.G Studies in physical education, Kuvempu University. Karnataka, duration of presentation is 75 minutes.
35. Presented a paper (Resource Person) for a topic on “Technological Advances in Sports- A tool for success” on 03.08.2023 for the UGC Human Resource Development Centre, University of Mumbai, Refresher Course in Physical Education with the theme of Emerging Trends in Physical Education and Sports Science during July 31 to August 5, 2023.

BOOKS PUBLICATION AND DVDS

1. DVD released for the topic on “The Comprehensive teaching of all Throws in Athletics” ISBN: 978-81-922547-4-6 (Electronic Media) published by SSUS, Allahabad, 2013.
2. A book published on Effects of aqua training on physical and physiological variables’, ISBN 978-3-659-85049-3, LAP, Lambert Academic Publishing, Germany, 2016.
3. Chapter contributed: ‘Revamping in High Performance sports’ for the International Edited Book: Human Movement, ISBN 978-93-90461-00-4, by Khel Aahitya Kendra, Delhi, India, 2021.
4. Prepared a course Module (teaching and study material) for Athletics II (Course Code SpSc 1062) in Adigrat University, Ethiopia.
5. Prepared a course Module (teaching and study material) for Exercise Physiology (Course Code SpSc 2081) in Adigrat University, Ethiopia.
7. Prepared a course Module (teaching and study material) for Elective Coaching in Athletics (Course Codes of Spsc 3143 & 3144A) in Adigrat University, Ethiopia.
8. Prepared a Fitness Training module for Kerala state police, Thiruvananthapuram and coordinated a fitness course between 24-28th September 2019 at SAI-LNCPE, Trivandrum.

SHORT FILM AND DOCUMENTARY PRODUCED & DIRECTED:

1. Directed a Documentary on “Africans Making Strides by Leaps and Bounds” submitted in the International Congress on Renaissance in Sports Short Film and Documentary Contest conducted on August 29-30, 2014 at Tiruchirappalli, India.
2. Prepared a Documentary on “Human Race (Humanity redefined in Sports)” for the International Short film and Documentary contest on February 10&11, 2017 at Tiruchirappalli, India.
3. Prepared a Documentary on “Rise of Indian Sports-Through the Horizon” for the International short film and documentary contest on January 6-10, 2019 at Tiruchirappalli.

ONLINE E- PATHASHALA CONDUCTED BY SAI IN COLLABORATION WITH ATHLETICS FEDERATION OF INDIA (2020-21)

1. EXPERT TALK & STUDIO ON WARM UP
2. EXPERT TALK & STUDIO ON FLEXIBILITY
3. EXPERT TALK & STUDIO ON BALANCE
4. EXPERT TALK & STUDIO ON RUNNING ABC

5. EXPERT TALK & STUDIO ON HURDLES MOBILITY

ONLINE PE & COMMUNITY COACHING CONDUCTED BY MINISTRY OF YOUTH AFFAIRS & SPORTS AUTHORITY OF INDIA-LNCPE (2020-21)

1. EXPERT TALK ON PREPARING TO COACH
2. EXPERT TALK ON PREPARING TO COACH & COMMUNICATION (7 SERIES)

RESEARCH EXPERIENCES:

1. Acting as an External (Foreign) & Internal Board of Examiner for Ph.D. Degree in Physical Education and Sports Science of many Universities in India and evaluated more than Eighteen PhD thesis.
2. Research Supervisor for PhD in University of Kerala from 2020 to April 2023.
3. Embraced a position of College Secretary (academic year 2013-14) for Adhoc Research Council Committee in Adigrat University, Adigrat, Ethiopia.
4. Editorial Board member of International Journal of Recent Research and applied Sciences (www.ijrras.com)
5. Editorial Board member of R&D, R&D Modern Research Publication International Journal of Multidisciplinary Research and Modern Education, ISSN: 2454 – 6119.
6. Editorial Board member of Art & Education of Academic journals online, International Journal of Trends in Art and Education (IJTIAE). www.academicjournalsonline.co.in
7. Editorial Board member of International Journal of Entire Research.
8. Nine Master degree thesis are completed under my supervision.

RESEARCH PROJECT UNDERTAKEN

1. Comparative analysis of resistance training with active and controlled muscle action on selected physiological Anthropological and physical variables of Adigrat Town Males. (Completed).

BOARD OF STUDIES

1. Internal Member for the development of curriculum for BoS in PhD in Physical Education on 15th July 2023 held at Education seminar Hall, Central University of Tamilnadu.

2. Internal Member for the development of curriculum for BoS in Post Graduate Diploma in Fitness Management on 15th July 2023 held at Education seminar Hall, Central University of Tamilnadu.
3. External Member for the Doctoral Committee Meeting at NIT Pondicherry on 07.08.2023 at NIT Karaikal.

Syllabus/ Curriculum Prepared

1. Prepared a syllabus for BPED (2 YRS) (2019-20)
2. Prepared a syllabus for MPED (2 YRS) (2019-20)
3. Prepared a syllabus for PG Diploma in Fitness Management (2019-20)
4. Prepared a syllabus for NIS (2019-20)
5. Prepared a module for Kerala police Academy (2018-19)
6. Prepared a syllabus for BSC Health & Fitness Management for University of Kerala(2021)
7. Prepared a Syllabus for BPED Four Integrated course (2021).
8. Prepared a syllabus for MSC in Athletics coaching for Ethiopia (2017)
9. Prepared a Syllabus for Bachelors and Masters for National Sports University (NSU), Manipur.
10. Prepared a physical Training curriculum for Sardar Vallabhbhai Patel National Police Academy, Hyderabad (2022).
11. Prepared a syllabus for PhD in Physical Education at Central University of Tamilnadu (2023-2024).
12. Prepared a syllabus for PG Diploma in Fitness Management (2023-2024)

PROFESSIONAL COURSES UNDERTAKEN:

1. Conducted the Six Weeks Certificate Coaching Course in Athletics discipline from 17th May to 18th June 2010 at SAI Training Centre, Kandiveli (E), Mumbai, India.
2. Conducted the Six Weeks Certificate Coaching Course in Athletics discipline from 23rd May to 25th June 2011 at SAI, LNCPE, Trivandrum, Kerala, India.
3. Conducted the 1st PYKKA Master Training Course from 1.03.2012 to 15.3.12 at SAI, LNCPE, Trivandrum, Kerala, India.
4. Engaged Sports Psychology Course for International Coaching Course for Boxing from 1st to 10th February 2011 at SAI, LNCPE, Trivandrum, Kerala, India.

COACHING CAMPS CONDUCTED:

1. Conducted Athletics coaching camp for Pondicherry University Athletics team (Men & Women) from 2.01.2013 to 18.01.2013 for All India Inter University Athletics meet held at University of Kalyani, Calcutta, India.
2. Conducted Athletics coaching camp for Pondicherry University cross Country team (Men & Women) from 2.01.2013 to 18.01.2013 for All India Inter University Athletics meet held at University of Kalyani, Calcutta, India.
3. Conducted summer Athletics coaching camp for kids and adults from 3rd May to 21st May 2013 at Pondicherry University, India.
4. Conducted the “Kodagu District Athletic Development Camp” from 5th April to 5th May 2010 at Ashwini’s Sports Foundation at Coorg, India.
5. Conducted the “Kodagu District Athletic Development Camp” from 4th April to 5th May 2011 at Ashwini’s Sports Foundation at Coorg, India.
6. Conducted the “Kodagu District Athletic Development Camp” from 1st April to 30th April 2012 at Ashwini’s Sports Foundation at Coorg, India

MEETS/ EVENTS CONDUCTED:

1. Acted as a Chief Judge for Marathon race which was conducted by JIPMER SPANDAN MARATHON on 1st September, 2013 at Pondicherry, India.
2. Served as a Technical Manager for Inter SAI Athletics meet which was held at SAI, LNCPE, Trivandrum, India from 1st to 3rd February 2012.
3. Acted as an organising secretary and conducted the Pondicherry University Inter - Collegiate Athletics meet on 10 & 11 October 2012 at Pondicherry University, India.
4. Conducted the Pondicherry University Cross Country Championship on 5th September 2012 at Pondicherry University, India.
5. Conducted “Mini Marathon Races” for Students and Faculties of Pondicherry University on 5th September 2012 at Pondicherry University, India.
6. Conducted the Pondicherry University Cross Country Championship on 5th September 2013 at Pondicherry University, India.
7. Conducted “Mini Marathon Races” for Students and Faculties of Pondicherry University on 5th September 2013 at Pondicherry University, India.
8. Acted as a Technical official for 79th senior state Athletic Championship held at Karaikudi, India on 29th and 30th September 2006.

9. Conducted the INTEGRA (Corporate) Annual Sports Day on 6th October 2013 at Pondicherry University, India.
10. Conducted a half day sports training and games for Trust for Youth and Child Leadership (TYCL) and MUGHIL social welfare organization at Pondicherry University, India on 12.05.2013.

CAREER ACHIEVEMENTS:

1. Trained Abdur Rahman who got Gold in Men 400 mts in Ethiopian National Sports Festival of Public Universities held at Adama, Ethiopia between Jan.31- Feb.14, 2015.
2. Trained Abdur Rahman who got Bronze in Men 800 mts in Ethiopian National Sports Festival of Public Universities held at Adama, Ethiopia between Jan.31- Feb.14, 2015.
3. Trained Maibam Jogamani Singh for school National Athletics Meet held at Kochi who won silver in 200 mts, bronze in 100 mts & Long jump who also got the Individual Championship U-14 category.
4. Trained SAI, LNCPE Athletic team who bagged the Women Overall Championship in the Kerala university Athletic meet held at Trivandrum, Kerala 2009.
5. Trained SAI, LNCPE Athletic team who bagged the Men's overall Championship in the Kerala University cross country in the year 2009-10 held at Trivandrum, Kerala.
6. Trained SAI, LNCPE Athletic team who bagged the Men's overall Championship in the Kerala University cross country in the year 2009-10 held at Alapuzha, Kerala.
7. Trained Mr. Nagaraju and Blessy who secured positions of III place in Men 200 mts and II place in the women 5km Race walking event in the South India Inter Collegiate Athletics Meet 2012 held at Jawaharlal Nehru Stadium, Chennai from 25th to 27th of September 2012.
8. Trained SAI, LNCPE Athletic team who bagged the Women Runner up Championship in the Kerala University cross country in the year 2018-19 held at Shasthamkotta, Kerala.
9. Trained SAI, LNCPE Athletic team who bagged the Women Runner up Championship in the Kerala University cross country in the year 2019-20 held at Kerala.
10. Trained SAI, LNCPE Athletic team who bagged the overall Runner up in the Kerala University Intercollegiate Athletics Championships in the year 2021-22 held at Kerala.
11. Trained SAI, LNCPE Athletic team who bagged the various medals in the Kerala University intercollegiate Championships and bagged position in the cross-country races since 2018 to 2023.

12. Trained SAI, LNCPE Athletic team who bagged the Women Runner up Championship in the Kerala University cross country in the year 2022-23 held at Ambalalappuzha on 28.01.2023.

AWARDS RECEIVED:

1. Received “**The Best Coach Award**” from Lions Organization (2011)
2. Received “**The Best Documentary Award**” in short film and documentary contest in international congress on renaissance in sports. 2014.
3. Received “**The Second-Best Documentary Award**” in short film and documentary contest in international congress on renaissance in sports. 2018.
3. Received “**Best Paper award** in International Conference (2008)
4. Received “**Best Paper award** in National Conference (2010)
5. Received “**The Best paper Award**” in International Conference (2019)
6. Received the IFPEFSSA **International Research Excellence Award** (2020)
7. Received the **Shikhar Puraskar Award** (2021)

SPECIALISATION: Athletics and Strength and Conditioning

I do hereby state that the above documents are mentioned in this vita are true and best of my Knowledge.

(Dr.S.JAYARAMAN)
